



ST HILDA'S SCHOOL  
GOLD COAST

# Uniform Requirements for Year 7-12 HPE, Sport Science, Senior PE and House Carnivals

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## Year 7 HPE and House Carnivals

For Swimming Carnival and Lifesaving:

- School Swimwear – One Piece (Navy or Black One Piece May Be Worn Instead \*)
- School Sun Shirt (Optional)
- Swimming Cap – House
- Towel (School or Other \*)
- School Sports Bag

For Other Physical Activities:

- Sports Shorts
- Polo Shirt – White
- Polo Shirt – House (For House Events)
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport \*
- School Sports Bag
- Shinpads (Soccer and Gaelic Football)
- Navy Team Socks (Soccer and Gaelic Football)

Also Required Within Sports Bag:

- Water Bottle (School or Other \*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

\* Items with an asterisk are not available for purchase at the St Hilda's Uniform Shop

## Year 8 HPE and House Carnivals

For Swimming Carnival:

- School Swimwear – One Piece (Navy or Black One Piece May Be Worn Instead \*)
- School Sun Shirt (Optional)
- Swimming Cap – House
- Towel (School or Other\*)
- School Sports Bag

For Other Physical Activities:

- Sports Shorts
- Polo Shirt – White
- Polo Shirt – House (For House Events)
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport \*
- School Sports Bag

Also Required Within Sports Bag:

- Water Bottle (School or Other\*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

\*Items with an asterisk are not available for purchase at the St Hilda's Uniform Shop

## Year 9 HPE and House Carnivals

For Swimming Carnival:

- School Swimwear – One Piece (Navy or Black One Piece May Be Worn Instead \*)
- School Sun Shirt (Optional)
- Swimming Cap – House
- Towel (School or Other\*)
- School Sports Bag

For Other Physical Activities:

- Sports Shorts
- Polo Shirt – White
- Polo Shirt – House (For House Events)
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport\*
- School Sports Bag

Also Required Within Sports Bag:

- Water Bottle (School or Other \*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

\*Items with an asterisk are not available for purchase at the St Hilda's Uniform Shop

## Year 10 HPE and House Carnivals

For Swimming Carnival:

- School Swimwear – One Piece (Navy or Black One Piece May Be Worn Instead \*)
- School Sun Shirt (Optional)
- Swimming Cap – House
- Towel (School or Other\*)
- School Sports Bag

For Other Physical Activities:

- Sports Shorts
- Polo Shirt – White
- Polo Shirt – House (For House Events)
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport\*
- School Sports Bag

Also Required Within Sports Bag:

- Water Bottle (School or Other\*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

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## Year 9 Sport Science (Elective)

For Triathlon During Term 1 and Water Polo During Term 4:

- School Swimwear – One Piece
- School Sun Shirt (Optional)
- School Navy Bike Pants (Optional Over Swimwear During Triathlon)
- Swimming Cap – House
- Towel (School or Other\*)
- School Sports Bag

For Other Physical Activities:

- Sports Shorts
- Polo Shirt – White
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport\*
- School Sports Bag

Also Required Within Sports Bag:

- Water Bottle (School or Other\*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

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## Year 10 Sport Science (Elective)

For Physical Activities Studied:

- Sports Shorts
- Polo Shirt – White
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport \*
- School Sports Bag
- Shinpads (Hockey and Futsal)
- Navy Team Socks (Hockey and Futsal)
- Mouthguard (Hockey) – Options for Braces Available

Also Required Within Sports Bag:

- Water Bottle (School or Other\*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

\*Items with an asterisk are not available for purchase at the St Hilda's Uniform Shop

## Year 11-12 Students Not Studying PE

For Swimming Carnival:

- School Swimwear – One Piece (Navy or Black One Piece May Be Worn Instead \*)
- School Sun Shirt (Optional)
- Swimming Cap – House
- Towel (School or Other\*)
- School Sports Bag

For Other House Events:

- Sports Shorts
- Polo Shirt – House
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport \*
- School Sports Bag

Also Required Within Sports Bag:

- Water Bottle (School or Other\*)
- Sunscreen\*
- Hand Sanitiser\*
- Roll-On Deodorant\*

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## Year 11 PE (Elective) and House Carnivals

For Swimming Carnival:

- School Swimwear – One Piece (Navy or Black One Piece May Be Worn Instead \*)
- School Sun Shirt (Optional)
- Swimming Cap – House
- Towel (School or Other\*)
- School Sports Bag

For Other Physical Activities:

- Sports Shorts
- Polo Shirt – White
- Polo Shirt – House (For House Events)
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport\*
- School Sports Bag
- Shinpads (Futsal)
- Navy Team Socks (Futsal)

Also Required Within Sports Bag:

- Water Bottle (School or Other\*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

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## Year 12 PE (Elective) and House Carnivals

For Swimming Carnival:

- School Swimwear – One Piece (Navy or Black One Piece May Be Worn Instead \*)
- School Sun Shirt (Optional)
- Swimming Cap – House
- Towel (School or Other\*)
- School Sports Bag

For Other Physical Activities:

- Sports Shorts
- Polo Shirt – White
- Polo Shirt – House (For House Events)
- St Hilda's Cap and/or Visor
- School Socks
- School Tracksuit (Option for Winter)
- Rugby Jumper (Optional)
- Sports Joggers with Appropriate Sole and Heel Support for Sport\*
- School Sports Bag

Also Required Within Sports Bag:

- Water Bottle (School or Other\*)
- Sunscreen\*
- Band-aids\* (If Earrings Cannot Be Removed During Net and Invasion Games)
- Nail Clippers\*
- Netball Gloves\* (If Nails Cannot Be Cut For Contact Sports)
- Hand Sanitiser\*
- Roll-On Deodorant\*

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