

Term 3 Squad Training Timetable

ST HILDA'S SCHOOL AQUATIC CENTRE

SQUADS: from Mon 13 July								
	Duration	Weekl y Fees	Mon	Tues	Wed	Thurs	Fri	Sat
Gold (min 6x week & Club member)	2hrs	\$36	5.30-7.30am 4-6pm	5.30-7.30am 4-6pm	4-6pm	5.30-7.30am 4-6pm	5.30-7.30am 4-6pm	7-9am
Silver (min 4 x week & Club member)	2hrs	\$36	5-7am 4-6pm	5-7am 4-6pm	4-6pm	5-7am 4-6pm	5-7am 4-6pm	7-9am
Bronze (min 3 x week & Club member)	1.5 / 2 hrs	\$36	5-7am 4.30-6pm	5-7am 4.30-6pm	4-6pm	5-7am 4.30-6pm	5-7am 4.30-6pm	7-9am
Junior (min 3 x week & Club member)	1.25/ 1.5 hrs	\$36	5.45-7am 4.30-6pm	5.45-7am 4.30-6pm		5.45-7am 4.30-6pm	5.45-7am 4.30-6pm	7-8.15am
Stroke Development (2+ a wk recommended)	1.25 hrs / 50 min	\$36/ \$18	5.45-7am 3.40-4.30pm	5.45-7am 3.40-4.30pm		5.45-7am 3.40-4.30pm	5.45-7am 3.40-4.30pm	7-8.15am
Fitness	1/1.25 hrs	\$36/ \$18	6-7.15am	3.45-4.45pm		3.45-4.45pm	6-7.15am	
Advanced Minis	45 / 75 min	\$36/ \$18	7-7.45am 4.15-5.30pm	7-7.45am 4.15-5.30pm		7-7.45am 4.15-5.30pm	7-7.45am 4.15-5.30pm	8.15-9am
Mini	45 mins	\$33/ \$16.50	7-7.45am 3.30-4.15pm	7-7.45am 3.30-4.15pm		7-7.45am 3.30-4.15pm	7-7.45am 3.30-4.15pm	8.15-9am

Pool Closures & important dates:

Friday 14 August- POOL CLOSED for Gold Coast Show Day Public Holiday

Reminders:

- Aquatics Club membership is a requirement for any members of Junior, Bronze, Silver, or Gold Squad. Please see the office for further details.
- Squad fees are to be paid monthly and are due by the 7th of the month. Payment accepted are Cash, Cheque, Eftpos, and Credit Card at the office.
- 2 weeks' notice in writing to the Aquatics office is required to end a squad enrolment. Invoicing and billing will continue until this notice is received including through school holidays.