

St Hilda's Aquatics



Holiday Intensive Learn to Swim Program Dates:

- Dec 3-7 & 10-14
- Jan 14-18 & 20-25

Term 1 Learn to Swim Program starts 28 January 2019 Squad Training Starts 7 January

We offer a variety of classes, for boys and girls over three years of age through to the advanced swimmer. This includes fitness swimmers and learn to swim. Both age and ability are taken into consideration within our small class sizes, allowing for continuous improvement.

Learn to Swim

Through professional, friendly and certified swimming teachers, your child will learn stroke correction and the respect of water and water safety.

Holiday Programs

A time to make new friends, refine and improve their skills and most of all, have fun.

Squads

Further develop your child into swimming with our squads. They would enhance their swimming skills increase endurance and speed work & are able to compete if desired.

Fitness Squad

For those swimmers who would like to increase their fitness training as well as continue with stroke development

Our swimming program fills up quickly, so book your classes early to avoid disappointment.
Book today on +61 5577 7277 or email: aquatics@sthildas.qld.edu.au